



Power through Surrender

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► Outline

Going a little farther, He fell with His face to the ground and prayed, "My Father, if it is possible, may this cup be taken from Me. Yet not as I will, but as You will."
Matthew 26:39 (NIV)

A. Introduction

The power of God comes from our _____

not our _____.

B. Power comes from surrendering... (Matthew 26:36-46; Luke 22:44; Hebrews 12:2)

1. Your _____.

2. Your _____.

3. Your _____.

Answers: A. surrender, strength B. 1. whole life 2. will 3. strength

Resource Information: Today's outline and discussion guide are available through the Brookwood Church app.

► Discussion Guide

Use this guide by yourself or with friends to pursue a deeper relationship with Jesus. To connect with others, visit brookwoodchurch.org/adults.

Conversation Starter

What's something that would be difficult for you to give away?

Begin your study with prayer

Pause for a few minutes to quiet your heart and mind. Then ask God for insight and direction as you study and reflect on this week's lesson.

Bible Study and Group Discussion

Read Matthew 26:36-46.

1. The weight of what Jesus was about to do began to press down on Him like never before (the word Gethsemane means *oil press*). How does Matthew describe Jesus' emotions and state of mind?
2. Why is it important to know what Jesus was experiencing?
3. Jesus surrendered perfectly to the Father's will when He prayed *Yet not as I will, but as You will*. Describe a time you surrendered your will for God's will. How did that experience change you?
4. If Jesus had prophesied He would suffer and die, why do you think He prayed for the cup to be taken from Him? What does this tell you about Jesus? What does this teach you about prayer?
5. Taking the *cup of suffering* meant that in bearing the wrath and judgment of God for the sins of the world, Jesus would also experience complete separation from the love of His father. He deliberately chose this for us. In what ways would your life be different if you remembered Jesus' sacrifice more often? (For further insight, read Psalm 75:8; Isaiah 51:17-23; Ezekiel 23:31-34; Mark 15:34).

6. The power of God in your life cannot supersede your surrender to God. React to this statement.
7. What have you been trying to do in your own strength?
8. What is Jesus asking you to surrender today?

Spiritual Practice

A spiritual practice is something we can do to help us live in and enjoy God's grace. We hope these practices become a regular part of your life so that walking and talking with God is the most natural thing you do.

One way to experience spiritual renewal is to meditate on God's Word (Joshua 1:7-9; Psalm 1:1-3). Meditation means to read slowly, gaze intently, giving undivided attention to a passage of Scripture. This week, meditate on Psalm 32. Stop and reflect on words or phrases that *light up* as you read. Spend time talking with God about what He's revealing to you.

Memory Verse

Going a little farther, He fell with His face to the ground and prayed, "My Father, if it is possible, may this cup be taken from Me. Yet not as I will, but as You will."

Matthew 26:39 (NIV)

Daily Reading

- Day 1: 2 Corinthians 12:9-10 Day 4: Hebrews 12:1-3
Day 2: Matthew 5:3-10 Day 5: Galatians 2:20
Day 3: Luke 9:23-24

Prepare for Next Sunday

Next Sunday, October 30, we'll continue the series *Spiritual Warfare*. To prepare, read **Colossians 3:1-11** and **1 Thessalonians 5:4-11**.



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