

## Family Talk–The Law of Christ

### READ TOGETHER

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#### Galatians 6:2

*Share each other's burdens, and in this way obey the law of Christ.*

1. How are you helping others with their burdens?
2. Are you sharing your burdens with someone you trust?

### LIVE IT

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We're all encouraged to share our biggest burden with someone—that we're sinners. It's the most freeing experience. Sharing our burdens shows that we're all flawed. No one is perfect, just God. So confess and keep going. Jesus died for **ALL** of our sins so we can have a relationship with God.

The law of Christ is to love others. What better way to love people than to support them when they're harboring burdens. We can speak truth into their lives. Here are examples of what happens when burdens are shared:

- A brave young man shared a burden he was keeping inside and was able to receive help to relieve the tremendous load he was carrying.
- A young lady shared her burden with a neighbor and is now on the verge of receiving Christ as her Savior.
- A couple of children shared their burden with the BrookwoodKiDs staff and now they all share a bond of trust.

### LEAN ON GOD

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Dear God,

Please equip me to know that I'm not doing it all alone. Jesus always goes with me! Let me be ready to share Your truth with others when they have burdens, and make me brave to share my own burdens.

In Jesus Name,  
Amen

