

Disappointment
Message 2

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► **Outline**

Commit your way to the LORD; trust in Him and He will act.

Psalm 37:5 (ESV)

A. Praying Together.

(Numbers 11:5-6,10. C/R: Romans 8:7;
Philippians 4:6-7)

The church must pray (together) through

_____ into _____.

B. Disappointment and Discouragement leads to...

1. _____ whining.

(Numbers 11:11-12. C/R: Exodus 3:11; Proverbs 16:5;
Philippians 2:14-15)

2. _____ isolation.

(Numbers 11:13-14. C/R: Joshua 1:9; Psalm 27:10;
Matthew 11:28-30)

3. _____ faith.

(Numbers 11:15,21-22. C/R: Isaiah 41:10;
Zephaniah 3:1-2; Matthew 17:20)

C. But turning to God in trust reveals His...

_____, _____

and _____.

(Numbers 11:16-20,23. C/R: Matthew 6:31-32; 19:26;
John 1:14; Ephesians 3:20; Philippians 4:19; James 4:8)

Answers: A. disappointment, trust B.1. Prideful 2. Perceived 3. Paralyzed
C.1. Presence, provision, power

Resource Information: Scripture quotations marked (NLT) are taken from the *Holy Bible*, New Living Translation, copyright © 1996, 2004, 2015 by Tyndale House Foundation. Used by permission of Tyndale House Publishers, a Division of Tyndale House Ministries, Carol Stream, Illinois 60188. All rights reserved. C/R refers to a 'cross reference.' Today's outline and discussion guide are available through the Brookwood Church app.

► Discussion & Prayer Guide

As we dive deeper into what it means to be a praying church, use the prompts below to help guide prayer time in your Community Group, family or by yourself. To connect with others, visit brookwoodchurch.org/adults.

Conversation Starter

How have you used prayer to help you in times of disappointment?

Prayer Guide

Take time to pray through each prompt below. After each prayer, ask God what He wants you to know in that moment and take time to listen.

Opening Prayer

- Pause and invite God into this time of prayer.

Read [Isaiah 12:4](#) and [1 Thessalonians 5:18](#)

- Thank God for being present in your life.
- Praise God for providing for you and the church.
- Praise God for His awesome power.

Read [Numbers 11:11-12](#) and [Colossians 3:12-13](#)

- Ask God to move you from pride to humility.
- Ask God to move our church from whining to forgiveness.
- Ask God to help us be healthy and united in our love for Him and each other.

Read [Numbers 11:13-14](#), [John 21:15-17](#) and [Acts 9:31](#)

- Ask God to move you from isolation to community.
- Ask God to open our eyes to see those He has placed around us, seeking opportunities to care for them.

Read [Numbers 11:21-23](#) and [Isaiah 41:10](#)

- Ask God to move you from fear to understanding and strength.
- Ask God to fill us with the Holy Spirit as we grow in our trust and faith in Him.

Closing Prayer

- Ask God to protect us from the discouragement and disappointment that the devil tries to magnify in us.
- Thank God for caring for us despite our doubts.

Bible Study and Group Discussion

Discuss how the prayer time was for your group. Share the ways God spoke during this time.

Read [1 Samuel 1:1-20, 24-27](#); [2:1-10](#)

1. What caused Hannah's discouragement? What causes you to feel discouraged, and how do you deal with it?
2. In verse 16, Hannah tells Eli she has been in anguish and sorrow, yet she's still praying. How do you use prayer in difficult times?
3. Hannah made a vow to God that she would give her son to the Lord if she had one. She depended on God and followed through on her vow. How have you cried out to God, He answered and you gave Him glory?
4. After Samuel is given to the Lord, Hannah praises God for all He has done. What prevents you from praising God in your disappointment?
5. Hannah finishes with acknowledgement of God's sovereignty and power. How do you acknowledge those in God each day?

Spiritual Practice

A spiritual practice is training for the soul. By building these into your everyday life, you're sure to strengthen your relationship with God.

Sometimes we're reluctant to ask God to help us with our disappointment because we don't want to bother Him with something we feel is insignificant. In your daily prayer time, ask God to help you with these situations, trusting Him to help you, even in your weak moments.

If you'd like to join our Watchers Prayer Team, who pray daily for Brookwood Church, visit: brookwoodchurch.org/prayer.

Memory Verse

Commit your way to the LORD; trust in Him, and He will act.

[Psalm 37:5 \(ESV\)](#)

Daily Reading

Day 1: [Romans 8:7-8](#)

Day 4: [Matthew 17:20](#)

Day 2: [Philippians 2:14-15](#)

Day 5: [James 4:7-8](#)

Day 3: [Psalm 27:9-10](#)

Prepare for Next Sunday

Next Sunday, April 3, we'll continue our series *Praying (Together) Through...*

We'll be looking at Jehoshaphat's prayer for guidance for Judah.

To prepare, read [2 Chronicles 20:3-28](#).

