



**Message 2**  
**Refocus**  
**J.C. Thompson**  
**November 11, 2018**

► **Outline**

*The LORD of Heaven's Armies is here among us; the God of Israel is our fortress.*  
**Psalm 46:11 (NLT)**

**As we refocus on God, we can know His...**

1. \_\_\_\_\_.  
**(Psalm 46:1. C/R: Deuteronomy 31:6; Psalm 91:1-2;  
Isaiah 41:10)**

2. \_\_\_\_\_.  
**(Psalm 46:2-4. C/R: Ezekiel 37:1-2; Romans 8:32;  
Philippians 4:6-7)**

3. \_\_\_\_\_.  
**(Psalm 46:5-7. C/R: Deuteronomy 4:7; Psalm 145:18)**

4. \_\_\_\_\_.  
**(Psalm 46:8-10. C/R: 2 Chronicles 20:17; Isaiah 2:1-5)**

5. \_\_\_\_\_.  
**(Psalm 46:11. C/R: Matthew 28:20; John 7:37-39)**

**Answers:** 1. Protection 2. Peace 3. Presence 4. Power 5. Person

**Resource Information:** Unless otherwise noted, outline and onscreen verses are from NLT version (New Living Translation) of *The Holy Bible*. C/R, if noted, refers to a 'cross reference' of Scripture verse(s). Today's outline and discussion guide are available to mobile device users through the Brookwood Church app available through your favorite app store.



## Refocus

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### ► Discussion Guide

Use this guide with friends or by yourself to pursue a relationship with Jesus. Check out other Bible Study tools at [biblegateway.com](http://biblegateway.com), [biblestudytools.com](http://biblestudytools.com), or [bible.com](http://bible.com). Find a Small Group at [brookwoodchurch.org/smallgroups](http://brookwoodchurch.org/smallgroups).

#### Conversation Starter

Describe the worst storm you've experienced.

#### Personal Reflection/Group Discussion

Read [Psalm 46:1-11](#) slowly at least twice.

1. Which word or phrase stands out to you? Why?

Read [Psalm 46:1-3](#).

2. What characteristics of God do you see in this passage?
3. What causes you to be afraid or anxious?
4. What would cause you to think you can trust God as your refuge and/or strength?

Read [Psalm 46:4-7](#).

5. What does God provide for the *city* in this passage?
6. Which provision of God in this passage is most attractive to you? Why?

Read [Psalm 46:8-9](#).

7. What *works of the Lord* do you notice in this passage?
8. What work has God been doing around you recently?

Read [Psalm 46:10-11](#).

9. Why do you think God says the first phrase in [verse 10](#)?
10. [Verse 11](#) says that God is among us, or with us. What difference does that make to you?
11. What step can you take to *Be still* (NLT) or *Cease striving* (NASB) and allow God to reveal Himself more clearly to you?

#### Soul Training

**Pause** to REFOCUS on God and ask Him these questions:

*Father, what practice or habit will help me refocus on You?  
How do You want to change my view of You?*

#### Memory Verse

*The Lord of Heaven's Armies is here among us; the God of Israel is our fortress.*  
[Psalm 46:11 \(NLT\)](#)

#### Daily Reading

- Day 1: [Psalm 91:1-16](#)                      Day 4: [Psalm 145:8-21](#)  
Day 2: [Isaiah 41:8-14](#)                      Day 5: [2 Chronicles 20:5-17](#)  
Day 3: [Romans 8:31-39](#)

#### Prepare for Next Sunday

Next Sunday, November 18, we'll *PAUSE* to REMEMBER what God has done. Prepare by reading [Psalm 77](#).



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